Design-In Ergonomics Checklist

Europe (N = North, C = Central, E = East, SE = Southeast, F = France, S = Spain/Portugal) and Australia N = Germany; C = Austria, Belgium, Czech Rep, Slovakia, Luxembourg, UK; E = Poland, Russia; SE = Hungary, Italy, Romania Job/Operation Description: Program:



Step 3: **Equipment** Design

Date: _____

Phase: Design Mock-up		Pre-ProductionOther (list):	Analyst:			
	Further information can be found o	n pages 12 - 40 of the Design-In Ergonomics Guidelines (DEG) @	http://apollo.delphiauto.net/ergonomics/desgn-in.htm	<u>C</u>	heck Circl	<u>e</u> :
	Design Factor	Design Guidelines	Graphic	OK	Outside Guidelines	N/A
3.1	Repetition Operator Cycle Time (seconds)	0 5 10 15 20 25 30 35 40 45 50 55 60 Repetitive Non-Repetitive*	Seconds 0 Repetitive 45 15			
	*If job is > 30 seconds, indicate the percentage of cycle time where same motion(s) is repeated or sustained:	N/A 10 20 33 40 50 60 70 80 90 100				
3.2	One Hand Force Neutral Wrist			0	0	0
	Deviated Wrist (1/2 the force of neutral wrist)		-30°	0	0	0
3.3	Finger Force/Pinch Grip Neutral Wrist	N 0 10 20 30 40 45		0	0	0
	Deviated Wrist (1/2 the force of neutral wrist)		-30° -30° -4/-5°	0	0	0

Program:

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Step 3: **Equipment** Design

Date:	

Pre-Production Other (list): Phase: Design Mock-up Analyst:

		<u> </u>		
	Further information can be found on pages 12 - 40 of the Design-In Ergonomics Guidelines (DEG) @ http://apollo.delphiauto.net/ergonomics/desgn-in.le Design Factor Design Guidelines Graphic	<u>C</u>	neck Circ Outside Guidelines	
3.4	Vertical Hand Height - Measured from standing surface to where the work is performed (hand height).			
	Heavy Work, > 10 lbs. (5 kg) N+F+A 79	0	0	0
	Light Work, <= 10 lbs. (5 kg)	0	0	0
	Precision Work, < 2 lbs. (1 kg) N+A 112 114 117 123 125 127 129 C+E	0	0	0
3.5	Horizontal Forward Reach (Measured from front edge of table to where hands perform work in front of body.) Non-Rep. Zone In 19 15 10 5 10 15 19 Cm48 38 25 13 13 25 38 48	0	0	0
3.6	Horizontal Side Reach (Measured from the center front edge of table to where hands perform work left and right.) Non-Rep. Optimal Non-Rep. Optimal Non-Rep. Optimal Non-Rep. Optimal Right Hand Cm79 69 64 51 38 25 38 51 64 69 79	0	0	0

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Step 3: Equipment Design

Progra	Job/Operation Description:					Date:
Phase	DesignMock-up _	Pre-Production	Other (list):		Analyst:	
	Further information can be	found on pages 12 - 40 of the De	esian-In Frannomics Guidelines (DFG	i) @ http://apollo.delphiauto.net/ergonomi	ics/desan-in htm	
	r arthor information our bo	loand on pages 12 40 of the Bo	osign in Eigenemios dudemios (BEG	/ Comparation of the control of the	oorgoogn minum	Check Circle:

	Further information can be found or	n pages 12 - 40 of the Design-In Ergonomics Guidelines (DEG) @	http://apollo.delphiauto.net/ergonomics/desgn-in.htm			
				Check Circle		<u>e</u> :
	5 . 5 .	D : 0 : 1 !!			Outside	
	Design Factor	Design Guidelines	Graphic	OK	Guidelines	N/A
3.7	Monitors - Monitors should be easily accessible. Is monitor location adjustable?	Horizontally Not applicable Tilt Not adjustable*			0	0
		150 152 157 156 105 106		0	0	0
3.8	Clearances for Stand Only Foot Height	in. 4" Minimum 5 6+ cm. 10cm Minimum 13 15+		0	0	0
	Foot Depth	in. 5" Minimum 6 7+ cm. 13cm Minimum 15 18+	Knee Clearance Foot Height	0	0	0
	Knee Depth	in. 4" Minimum 5 6+ cm. 10cm Minimum 13 15+	Foot Leg Width	0	0	0
3.9	Clearances for Sit/Stand Leg Width	in. 24" Minimum 25 26+ cm. 61cm Minimum 64 66+		0	0	0
	Knee Depth	in. 20" Minimum 21 22+ cm. 51cm Minimum 53 56+	Knee Depth	0	0	0
3.10	Noise	See Delphi-A Sound Level Specifications or Industrial Hygiene for further information.	http://apollo.delphiauto.net/health_safety/pr ocedur.htm	0	0	0
3.11	Lighting	Would internal machine lighting aid operator in operation, changeover, set-up, PM, etc.?	No picture	0	\bigcirc	0

Program:

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Step 3:

Phase	e:DesignIVIOCK-up	Pre-ProductionOther (iis	st):	Analyst:			
	Further information can be found or	pages 12 - 40 of the Design-In Ergonom	nics Guidelines (DEG) @	http://apollo.delphiauto.net/ergonomics/desgn-in.htm			
					Check Circle:		
					Outside		
	Design Factor	Design Guidelin		Graphic	OK	Guidelines	N/A
3.12	Single Controls (whisker switch, wobble stick, etc.)	Should be placed at approximate rertical location as where hands work. Vertical hand height (in/ci	are performing		0	0	0
3.13	Dual Controls	n. 36 37 38 39	40 41 42	Top View			
	Vertical Location (Measured from standing surface)	Preferred	102 104 107	Bench, Rotary Table, Assy Line, Etc.	0	0	0
	Horizontal Location (Measured from center of controls)	Optimal Not in Rans	De Optimal	4" 18" min.	0	0	0
For	more information on controls and safety, vis	this web site or talk to http://apo	ollo.delhiaut.net/heat				
		your H&S rep.	h safety/	30" max.			
3.14	Component Placement into Fixture - Visual Access	Front Bot	tom Bottom (not	Loading a fixture from the top or front is preferable because it requires less operator time. When loading from under or bottom, like the upper mandrel of an arbor press, the load is blind and requires additional time for alignment and placing.	0	0	0
3.15	Component Alignment Options into Fixture	OK — Guided/ Rough Self Align Locators	h Operator Judgment	Another efficiency factor is the design of the fixture. Positive or self-aligning fixtures are preferred to prevent the operator from having to make assessments on proper part placement.	0	0	0
3.16	Line of Sight Obstructions	Is it possible to see the fixture or perform the task without having to stoop or bend?		Design equipment and locate fixtures so operators do not have to bend their neck or back in order to load, see, activate, unload, etc. An awkward posture is an injury risk factor.	0	0	0